Principal's News

2015 School Operations

2015 is fast approaching and we are looking at class mixes and student numbers to commence some draft arrangements for our anticipated enrolments. In creating these arrangements, many hours are spent carefully selecting staff, comprising classes, ensuring resource bases are correct, making sure we have an appropriate mix of students and so on. The process involves so many points of consideration and is usually a long drawn out process but it is part of what we do to set children, staff and indeed our school up to be successful in delivering our platform of "Clever, Skilled and Creative".

It is vitally important that you advise us if you are not returning in 2015 as the formation of classes is very complex at this point in time. Any early notification we have of intended departure for students Prep to Year 5 would be gratefully appreciated. Please phone our office if you are leaving or may be leaving in 2015.

Accurate predictions in this area are important as we use these numbers to form classes. Our school is complex in making these decisions purely on the general unknown growth of enrolment from year to year as our catchment area becomes more populated. It's a challenging area for us so anything you can do to help us is greatly appreciated.

2015 Student Classes

This year we are working towards having our 2015 classes "meet the teacher" by the end of the year. We are hoping that we can achieve a small amount of time for the children to see their anticipated 2015 teacher where possible. At this stage this is a bit of a pipe dream, however we hope that it is achievable! It creates a great time to allow some conversation about the next year, discuss classroom expectations and takes some of the worry out of students in meeting the new teacher! I look forward to discussing this further with you as our plans unfold in this area.

Once classes and teachers for 2015 are known there will be no scope for change with the exception of critical circumstances. If this is the case a process will be communicated around this issue. Whilst a consideration in forming classes is friendships, it does not form the main consideration when making class placement decisions. An overarching principle of the nest educational groupings and choices are at the heart of the process associated with class formation.

Highland Reserve State School – School Council Parent Representative Election Result

The elections were held on 22nd of October and the result of the Parent Representative Election saw that Juanita Garland was the successful applicant for this position. Congratulations to Juanita Garland!

Our School Council will meet in the coming weeks to decide the options for our appointed members who traditionally are people from our community who support the school – sometimes they are business people or high profile people.

Thank you to all the interested applicants who were unsuccessful in their appointment. I would encourage you to become an active member of our P&C if you have not already done so! One thing I love about Highland Reserve State School is the level of community involvement in all aspects of our school.

Active School Travel

I had the absolute pleasure of attending the Active School Travel end of year function at Southport Sharks AFL Club on Wednesday 15th October. I was once again heartened by the level of parent support for our children as they performed on the night and celebrated the successes of the program across Gold Coast Schools. A huge amount of work goes into this program behind the scenes from our school community to make this happen for our children. I would like to thank our parent volunteers, our teachers, Mrs Graham and Miss Ross our Deputy Principals, our P&C and especially our teachers who prepared our students for the night – Mr Howland and Miss Turner.

I think my most avid fears became apparent as we were thrown onto the stage ourselves to sing and dance to the Active School Travel song! I’m sure there are some amusing shots of that around the place! Thank you sincerely to all those involved – please continue to encourage your child to actively travel to and from school to take advantage of the AST program incentives!

Music - Count Me In!
On Thursday I had the pleasure of being involved with the entire school as we participated in the national program Count Me In. Count Me In aims to form the largest choir singing the same song at the same time! This year we are part of a choir of half a million participants! Thanks to our staff for providing this opportunity for the children. Thanks to our strings ensemble for playing so beautifully as we all sang and danced! More on this later in the newsletter!

Sun Safety

With the extremely hot days we are having as we come to the end of the year, I would like to take the time to remind students about ensuring they have hats and where possible have also used sunscreen to protect themselves from the Sun. We all have a role to play in making sure we are sun safe, so please ensure that your child has a school hat that meets our uniform policy requirements. As part of our commitment to protect our children from harmful exposure to the Sun, students who don’t have hats must stay in undercover areas.

Thank you for the opportunity to be a part of your child’s schooling. It is a privilege to be here at Highland Reserve State School working in this outstanding community of learners!

Regards,

Andrew Cummings
Principal

Deputy Principal's News

Congratulations to our Stop Think Do students for weeks 3 and 4!

Rule of the week for week 4: Safety in all areas

- Keep hands, feet and objects to yourself
- Wear shoes and socks at all times
- Use appropriate level of voice
- Stay away from the out of bounds areas

The Final Silver and Gold assembly will be held on Monday the 3rd of November 2014 at 9:00am in the hall.

Thank you all for a wonderful start to term 4. Remember to Stop before you do anything, Think about the choices you have in front of you and Do the right thing!
Kind regards,

Abby Ross
Acting Deputy Principal

Disco Time!

It’s time to find your dancing shoes and raid the dress up box ready for the Semester 2 disco!

Time: It will be held on 6th November as two sessions:
Junior Disco (Prep -2) 4:00pm-5:00pm
Senior Disco (3-7) 5:30pm-7:00pm

Theme: Costume party - let your imagination run wild! You could come dressed as a character or in any weird or wonderful costume you may have at home.
Food: Sausages, chips, slushies and lollies available for sale.
Cost: $3 entry

Hope to see you there!
Sports News

Congratulations to all students in year 4, 5, 6 and 7 who competed in the interschool sport GALA day for AFL and Netball. All students conducted themselves fantastically on the day and competed as a team exceptionally well on what was a hot and windy day. Our school came third in the AFL and Netball which under the circumstances was an amazing effort so well done to all who participated!

Our Swimming Carnival for year 4-7 students will be in week 9 on the 4th of December. It will be held at the Coomera Anglican College pool again which was a fantastic venue last year with plenty of seating for parents and cheer squads! A note will go home soon with students, outlining all the details.

Just a reminder Go ‘N’ Run is still on a Tuesday and Thursday morning from 8:30am on the oval. We have had great turnouts from the lower years and I have been handing out badges every week which is a great effort by all those running machines! Hope to see you there.

Simon Travers
HPE Teacher

Chaplains News

Highland Reserves Christmas Hamper Drive

Music News

Music Count Highland Reserve In!

Congratulations to all the students who participated in this years ‘Music Count Us In’ concert. The event was streamed live to schools around Australia as we sang ‘Paint You A Song’ with over half a million other students! It was an awesome effort by everyone who sang and performed. We are so lucky to have a music education program at our school that caters for all students! We look forward to next years song and performance!

Kind regards,

Matt Howland
Music Teacher
Year 6/7 Graduation

Graduation for Year 6 and Year 7 will be held in the HRSS Hall on Wednesday the 10th of December, starting at 5:30pm and finishing at 7:15pm.

RSVP by the 28th of November, please email your child's teacher directly.

6A - dmcen2@eq.edu.au
6B - txcoll3@eq.edu.au
6C - natte1@eq.edu.au
7A - jkerr151@eq.edu.au

Student Services News

Term 4 is well and truly upon us and it won’t be long until we commence Christmas activities.

The Year 6/7 Literacy Group has shown a big improvement with reading and writing. A Transition Program has commenced for this group to prepare them for high school in 2015. They are really enjoying researching their new school. High school visits for transition will commence next week.

The Year 4/5 Cooking Group have been focusing on healthy choices and this week we discussed fruit and how it grows. We made fruit sticks on skewers which everyone thoroughly enjoyed due to the hot weather.

This term the Year 1 Social Skills Group has been focusing on how to play games fairly as some students have difficulty with ‘winning and losing’. Leadership skills are also a focus for this group where students are encouraged to move safely around the school.

The Year 2 Literacy Support Group has commenced a new reading program which they are thoroughly enjoying and progressing in well.
Other individualised literacy programs are also progressing well for our students. Lunch Club continues to focus on developing appropriate social skills and friendships. This time is also a great opportunity for students to have some quiet time.

Cheers,

Wendy, Teegan and Sue

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Finance/Uniform Shop

Uniform Purchasing 2015

With the end of the year fast approaching, we would like to encourage all existing families to make their uniform purchases during Term 4 if possible. This will help with managing our stock supplies and parents can avoid the rush at the beginning of the year.

The uniform shop will be CLOSED for the last week of Term 4
Mon 8th Dec – Fri 12th Dec 2014

Uniform Shop 2015

The Uniform Shop will be open EVERYDAY between Monday the 19th of January to Friday the 23rd of January 9:00am–11:00am.

We will also be open on Tuesday the 27th of January 8:30am–10:00am.
We will then resume our usual operating hours. Monday, Wednesday and Friday 8:30am-10:00am.

Wanted - Spare HRSS Uniforms

Donations of any spare HRSS Unisex Shorts for our Healthroom would be greatly appreciated. These items are used for students who may require a change of clothes during the day.

If your child has recently borrowed uniforms from our Healthroom, could these items please be washed and returned to our Office as soon as possible as our stocks are running low.

Back to School Office Hours

The office will be open EVERYDAY between Monday the 19th of January to Friday the 23rd of January 2015 9:00am–12:00pm
Café News

The Café will be closed for the last week of Term 4 which is Monday the 8th of December to Friday the 12th of December 2014.

It will reopen on Friday the 30th of January 2015.

QSchools app

New features of the Department’s QSchools mobile app have been released, including an exciting push notification feature which offers a direct communication channel from your school.

To be able to receive important messages instantly to your mobile device (push notifications):

2. If you already have the app, please ensure it is up-to-date, as out-dated versions will not receive notifications.
3. Make sure you favourite your school.

You are now ready to receive important school messages direct to your mobile device.

Notification of Students Leaving HRSS in 2014

If you have a child/children who will be leaving Highland Reserve State School during or at the end of Term 4 this year, please complete the Student Leaving Form and return this form to the school Office before their final day of school.

This does not apply to graduating Year 6 & 7 students.

Notification of Students who will be Absent at the Commencement of School in 2015

A notification will be required for Students who are returning in 2015, however will be absent from school from when it resumes on Tuesday the 27th of January 2015 up until Thursday the 5th of February 2015.

Please notify our Office before their last day at school in 2014 on (07) 5588 3333 or via email at office@highlandreserves.eq.edu.au.

Please provide the name/s of student/s, dates absent, absence reason and confirmation that your child/children are not enrolled at another QLD State School.

Students with Medication at School – End of Year Process

If your child has ANY medication at school including Asthma puffers, EpiPens, medicines or tablets these MUST be collected by a parent from the Office on your child’s last day of school for 2014.

If the parent is unable to collect it themselves then a letter in writing is to accompany another nominated adult to collect any items stored in the Healthroom. Students will NOT be allowed to collect medications of any sort.

Any medications still in the Healthroom after the students last day of school in 2014 will be disposed of and not held on the premises over the holiday period due to security reasons.

Please ensure that if your child needs to continue, or start medication at school in 2015 that a new Request to Administer Medication Form, Medical Details Form and Asthma Policy Form (if applicable) is completed upon return next year.

Also ensure that the medication being sent to school is not about to expire and has a pharmacy label and action plan attached to it.

If you have any questions regarding medication please contact the Office on (07) 5588 3333.

Attendance Matters
**Attendance Matters**

1 or 2 days a week may not seem much however...

<table>
<thead>
<tr>
<th>If your child misses</th>
<th>That equals</th>
<th>Which is</th>
<th>Nearly 15 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day per fortnight</td>
<td>20 days per year</td>
<td>8 weeks per year</td>
<td>Nearly 15 years</td>
</tr>
<tr>
<td>1 day per week</td>
<td>40 days per year</td>
<td>16 weeks per year</td>
<td>Over 2.5 years</td>
</tr>
<tr>
<td>2 days per week</td>
<td>80 days per year</td>
<td>32 weeks per year</td>
<td>Over 5 years</td>
</tr>
<tr>
<td>3 days per week</td>
<td>120 days per year</td>
<td>48 weeks per year</td>
<td>Nearly 8 years</td>
</tr>
</tbody>
</table>

**'Every Day Counts!'**

at

Highland Reserve
State School

**What Sort of Start is Your Child Getting?**

Just a little bit late doesn't seem much.... however

<table>
<thead>
<tr>
<th>When your child is missing</th>
<th>That equals</th>
<th>Which is</th>
<th>Nearly 15 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes per day</td>
<td>50 minutes per week</td>
<td>Nearly 1.5 weeks per year</td>
<td>Nearly Half a year</td>
</tr>
<tr>
<td>20 minutes per day</td>
<td>1 hour 40 minutes per week</td>
<td>Over 2.5 Weeks per year</td>
<td>Nearly 1 year</td>
</tr>
<tr>
<td>Half an hour per day</td>
<td>half a day per week</td>
<td>4 Weeks Per Year</td>
<td>Nearly 1 and a Half years</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>1 day per week</td>
<td>8 Weeks per year</td>
<td>Over 2 and a Half years</td>
</tr>
</tbody>
</table>

Did you know your child's best learning time is the start of the school day?

That's when every minute counts the most!!

**School Starts at 8:50am**

‘Every Day Counts’ at

Highland Reserve
State School

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**P&C News**

**BOOKPACKS**
Did you know by purchasing your child's book packs before the 31st of October you could WIN a $100 Coles Voucher and help the P&C to raise funds that support your children?

By ordering now, delivery will be before Christmas and you can avoid the last minute run around before school next year!
If you don't make the deadline of the 31st of October you can still purchase the book packs, you just miss out on going into the $100 Coles Voucher draw.

![Image of book packs]

Did you know that School Book Packs raise $s MONEY $s for the HRSS P&C?!

You should have now received your book list for next year, If you purchase the "pre-packed" book pack through EDSCO as per the booklist, you will be helping raise money for the School P&C.
You will also save yourself a lot of TIME and guess what? ... it even gets delivered to your door!!

To go into the draw to win a $100 COLES GIFT CARD get your pack in and ordered by Friday 31st October
packs purchased after the above date still raise funds for the P&C

![Image of Highland Reserve State School]

Volunteer Blue Card

Highland Reserve State School is committed to providing a safe and supportive environment for the children at our school. Applying for a volunteer blue card (working with children check) before commencing volunteer work at our school is an essential requirement for non-custodial volunteers e.g. Grandparents, Aunts and Uncles.

If you are considering volunteering at our school and you do not have a valid blue card please contact the school office for an application form or click on the link below.


Please note:

- Volunteers must not commence until they hold a valid blue card and positive notice.
- All volunteers are also required to present to the Office to sign in before commencing work in a classroom.

Young Discoverer's News
Due to popular demand Young Discoverers is giving you a choice of locations for all your School Age Care needs!

We are excited to announce: Term one 2015 we will see the arrival of school care at our lakeside centre.
(25 Rose Valley Drive)

For more information chat with: Lynda (5588 3356) or Charmaine (5519 3476)

Discover the Difference!

School Banking News

Rewarding regular savings with precious prizes.
The Dolfimess have uncovered the ancient Clam of Fortunes. Inside they found these amazing prizes that you could win a share of:
• 40 x GoPro HERO3 White Edition Cameras
• 150 x Slip 'N Slide Double Wave Riders

Here’s how to win
Every deposit you make with School Banking will automatically create one entry into the competition. The more you save, the more chances you have to win up to a maximum of 6 entries.
To find out more, visit commbank.com.au/deepseasavers

Happy Banking!
Sharlene Dippel
School Banking Co-ordinator
Pop and Top Program
Speech and Language Groups for Northern Gold Coast Families

Talking First Words

Suitable for children: 1.5 - 3 years

Fun, playgroup style activities based around common children's themes for children who are beginning to use words and hoping to extend to 2 word phrases and build vocabulary. Parents are provided with ideas and strategies to support their child's language development.

These groups are provided through ongoing financial support of CHC ensuring access to all families at a significantly reduced cost.

Pop and Top group program designed by Dr Sandra McMahon (Speech - Bundaberg) - more information at www.speechbund.com.au

The groups are run by Jane & Carmen, Speech Language Pathologists.

To book a place for your child contact Carmen 0425 528 771 or S.P.E.E.D H e: karyn@speechforkids.com.au

Term 4 Dates:
16 October 2014
23 October 2014
30 October 2014
6 November 2014
13 November 2014
20 November 2014
27 November 2014
4 December 2014

Time:
10am - 10.45am

Location:
90 Reserve Road, Upper Coomera (parking and entry off Abraham Road)

Cost:
$60 for the term. This provides you and your child with exciting activities to complete between sessions. All costs can be claimed against health care funds.
Pop and Top Program
Speech and Language Groups for Northern Gold Coast Families

Talking Sentences

Suitable for children:
2.5 - 4 years

Fun, playgroup style activities for children using at least 3-4 words in a sentence. This group aims for increased children’s sentence variety, length and clarity. Parents are provided with ideas and strategies that support language development at home.

These groups are provided through the ongoing financial support of CAC ensuring access to all families at a significantly reduced cost.

Pop and Top group program designed by Dr Sandra McMahon (speechther - Brisbane) – more information at www.speechther.com.au

The groups are run by Jane & Carmen, Speech Language Pathologists.

Term 4 Dates:
16 October 2014
23 October 2014
30 October 2014
6 November 2014
13 November 2014
20 November 2014
27 November 2014
4 December 2014

Time:
9am - 9:45am

Location:
90 Reserve Road, Upper Coomera (parking and entry off Abraham Road)

Cost:
$60 for the term. This provides you and your child with exciting activities to complete between sessions. All costs can be claimed against health care funds.

To book a place for your child contact Carmen 0429 528 771 or SPEECHonline
karyn@speechforkids.com.au
Pop and Top Program
Speech and Language Groups for Northern Gold Coast Families

Talking Together

Suitable for children:
3.5 - 5 years

Fun, playgroup style activities based around common children’s books that boost language and learning through increasing sentence structure, vocabulary and key learning areas essential for school readiness. Parents are provided with ideas and strategies that support language development at home.

These groups are provided through the ongoing financial support of C4C ensuring access to all families at a significantly reduced cost.

Pop and Top group program designed by Dr Randie McManus Speech Pathologist - Bundaberg - more information at www.speechhire.com.au

The groups are run by Jane & Carmen, Speech Language Pathologists.

To book a place for your child contact Carmen 0400 698 771 or S.P.E.E.D.H at karrl@speechforfidioms.com.au

Term 4 Dates:
19 October 2014
23 October 2014
30 October 2014
6 November 2014
13 November 2014
20 November 2014
27 November 2014
4 December 2014

Time:
11am - 11.45am

Location:
90 Reserve Road, Upper Coomera (parking and entry off Abraham Road)

Cost:
$80 for the term. This provides you and your child with exciting activities to complete between sessions. Costs can be claimed against health care funds.

Extra Curricular Activities

Revolution Lifestyle Centre

“Renaissance 20 Reasons Taekwondo Benefits Kids
1. Fostering Self-Discipline
2. Boosting Socialization Skills
3. Encouraging Physical Activity
4. Learning to Set and Achieve Goals
5. Increase Self-Esteem
6. Instilling a Sense of Respect
7. Encouraging Non-Violent Conflict Resolution
8. Improving Listening Skills
9. Developing Teamwork Skills
10. Improvement in Other Areas of Life

The confidence & determination the kids have developed in doing Taekwondo are incredible. Integrating the sides of the body integrates the two sides of the brain. Taekwondo is perfect because most exercises involve crossing the body’s centreline or alternating left action right action. This has been shown to benefit from leg to smattering.

Why is Taekwondo so popular? Because it’s the best!

Contact Us
Phone: 0466527727
Email: wlepper8@gmail.com
www.revolutionlifestylecentres.com.au

Respect, trust & open communication are the foundations of strong families. Taekwondo training promotes values such as honesty, courtesy, loyalty & cooperation. Each is an essential component in maintaining a good family structure.

We at Revolution Taekwondo provide quality instruction & service with a view toward the overall health & well-being of every participant. Our philosophy ensures that learning will take place in a safe, nurturing environment. We care about our students & families, & we provide a supportive environment for learning & personal growth.

Master Instructor Leon Leggott has 40 years of international experience & has trained full time in Korea.

Join us at our 2 Great Locations:
Assisi Catholic College: Mon/Wed/Thu/Sat
Highland Reserve State School: Tue & Fri
www.facebook.com/revolutionmartialart
Yummmummy Fitness

Do you want to be a Yummy Mummy?

Yummy Mummy Fitness specialise in motivating mums (and mums-to-be) to lead healthy and active lifestyles by providing fun social workouts that are specific to your needs as a mother!

Benefits of joining Yummy Mummy Fitness:
- Get an amazing new post-baby body
- Get into the best shape of your life
- Enjoy exercising with bub or enjoy some ‘me-time’ without bub
- Join a support network of like-minded mums
- Make lifelong friends
- Learn important life skills that you can pass onto your children

We offer a range of services including:
- Stroller fitness & social groups
- Mums n bubbs bootcamps
- Baby-free classes
- Transformation challenges
- Personal training
- Nutrition coaching
- Plus – regular social events!

Call us today on 0422 189 345 to receive a FREE ONE WEEK TRIAL!

www.yummymummyfitness.com.au

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Yummy Mummy Fitness
Community Notices

PEARLS Program
## FREE PROGRAMS FOR PARENTS Term Four 2014

### PARENTING MADE EASIER
During this four session course learn how to raise children that are respectful, resilient, responsible, and cooperative; how to discipline without yelling, arguing, or smacking; and much more! Suitable for parents and carers of children aged 0 – 12 years.
**Monday 10th November – 1st December: 9.30 am - 12.00 pm**
Oxenford and Coomera Community Youth Centre

### 1,2,3 MAGIC & EMOTION COACHING
A three session program for parents, child care workers, and teachers to help promote positive behaviour and manage difficult behaviour in children 2 – 12 years old. Strategies are also suitable for children with ASD or ADHD.
**Monday 20th October – 3rd November: 9.30 pm – 11.30 pm**
Oxenford and Coomera Community Youth Centre
**Friday 25th November – 5th December: 9.30 am – 11.30 am**
Oxenford and Coomera Community Youth Centre
**Tuesday 14th October – 28th October: 6.30 pm – 8.30 pm**
Bright Horizons Childcare 16 Archipelago St, Pacific Pines ph. 5519 4933

### BRINGING UP GREAT KIDS
A four week program that teaches practical parenting skills for a rapidly changing society, and new techniques to deal with everyday pressures that impact on ourselves and our children.
**Thursday 16th October – 6th November: 9.30 am – 12.00 pm**
Oxenford and Coomera Community Youth Centre

### ENGAGING ADOLESCENTS
During this three session course learn new skills for resolving teenage behavioural problems, how to have conversations around problems that can’t be ignored, and how to build and maintain a better relationship.
**Wednesday 22nd October – 5th November: 6.30 pm – 8.30 pm**
Oxenford and Coomera Community Youth Centre

### RELATIONSHIP RESCUE
This 5 week program offers an opportunity to explore ways to have a fabulous relationship, to repair a broken relationship or understand why the relationship isn’t working. Relationships include parents, siblings, work associates, partners, spouses, and children.
**Tuesday 21st October – 18th November: 6.30pm – 8.30pm**
Oxenford and Coomera Community Youth Centre

### ASSERTIVENESS
This 5 week program will empower you to communicate in a healthy and effective way with everyone you meet in life, irrespective of their communication style.
**Friday 22nd August – 19th September: 9:30am – 12:00 midday**
Oxenford and Coomera Community Youth Centre

### BABYSITTING TRAINING
For 12 – 17 year olds, this 6 week course is a practical and fun approach to babysitting. The course covers interacting with kids, basic first aid, basic child development, and tips on managing difficult behaviours.
**Tuesday 14th October – 18th November 3.45 pm – 5.45 pm**
Helensvale Library

Child-minding is available during all day programs if required. $4.00 for one child, and $1.00 for every child after that. Children 0-5 years accepted. Places are limited. **Bookings are essential.** Fee to be paid prior to commencing program.

Please phone 5580 4595 / 5529 8087 to book a place and register your child/children for childminding.