

Friday 22nd March 2013

Woolworths Earn and Learn is back!

We are excited to be taking part in the Woolworths Earn & Learn program again in 2013. In 2012, with thanks to our families, our school earned over 52000 Earn and Learn points. These points were used to redeem hundreds of dollars worth of educational resources, such as this Lego Robotics equipment.



You can help our school again by collecting Woolworths Earn & Learn Points when you shop at Woolworths between Monday 8 April and Sunday 9 June 2013.

For every \$10 spent at Woolworths you will receive a Woolworths Earn & Learn point from the checkout operator.

Place the points on to a Woolworths Earn & Learn points sheet. Once the sheet is completed, return it to school and drop it into the collection box situated in the Office.

The more points we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program including numeracy and literacy resources, science equipment, arts & crafts materials and more.

We are grateful for your support and look forward to another successful program!

Cross Country

When: Tuesday 26th March 2013

- Preps, 1, 2 and 3 will run on the school grounds 9.15am – 11.00am (Approximate Times)
- Years 4, 5,6 and 7 will run at the Highland Reserve Lake 11.45am – 2.00pm (Approximate Times) A [Year 4-7 Cross Country Permission Form \(PDF, 122 KB\)](#) needs to be handed in before the day for Years 4-7 students only.
- Parents/Grandparents/Staff Race at the school following the P - 3 races.

All students will receive house points for participation and places.

Place getters born 2003, 2002, and 2001 are eligible for selection at the District Cross Country Championships at Runaway Bay on Tuesday, 7 May 2013.

Students will need

- Sports coloured shirts, house coloured ribbons, head bands.
- School hat.
- Spare school shirt and small towel if raining.
- Year 4 – 7 take a water bottle, snack or lunch in school bag.

Schedule

8:50 am - Students go to their classroom for roll marking.

8:55 am - Preps, Years 1, 2 and 3 move to house assembly areas on oval.

9:15am at School on Oval

1. All Prep Boys
2. All Prep Girls
3. Boys born 2007
4. Girls born 2007
5. Boys born 2006
6. Girls born 2006
7. Boys born 2005
8. Girls born 2005
9. Year 3 students born 2004
10. Parents/grandparents/staff race

11:45am at Highland Reserve Lake

1. Boys born 2004 1.5 km
2. Girls born 2004 1.5 km
3. Boys born 2003 2 km
4. Girls born 2003 2km
5. Boys and Girls born 2002 2.5 km
6. Boys and Girls born 2001/2000 2.5 km

Cafe

Tea, coffee and cakes will be for sale at the school from 9.30am for parents and P – 3 students after their races. Year 4 – 7 Students may buy cakes from 11am (1st break time).

Crazy Hair Day



The first Student Council event on this year's calendar was very successful.

The crazy hair day raised over \$1000 for the Leukaemia Foundation (Shave for a cure).

A special thanks to Mr Johnson, Mr Travis, Mr Matt and Mr Low for volunteering to shave if we reached our \$1000 target.

We look forward to more successful fundraising events throughout the year!

Every day counts

As we reach the end of Term 1, parents are reminded of the importance of sending children to school every day. Being at school every day counts, with one day absent each week quickly adding up to two months of missed lessons in a year.

Unless your child is ill, it is expected that your child will be at school learning every day of the school year.

More information on the importance of regular school attendance is available at <http://education.qld.gov.au/everydaycounts/index.html>

Easter Hat Parade



Where: Hall

When: Thursday March 28th - 12:00pm

Prep and Year 1 children need to make their Easter Hats at home and bring to school by Tuesday, March 26th. Please no chocolate on hats!

Kids who read succeed!

The HUB is open every morning from 8.30am for students to share a book and read to an adult. Students are able to read their home readers or share a library book.



General Information

Finance/Uniform Shop

Please be advised that the Finance window and Uniform Shop will be closed on Wednesday 27th March 2013. It will reopen on Monday 15th April 2013.

Café News

The Café will be closed on Wednesday 27th March and Monday 15th April. It will reopen on Wednesday 17th April.

C&K Car Park

Parents/Guardians are reminded that the C&K Kindergarten car parks are to be left available for C&K clients and staff only.

Student Resource Scheme

The 2013 Student Resource Scheme is now due. The scheme is supported and approved annually by the School's Parents and Citizens Association (P&C), is managed by the school and operates in accordance with section 51 of the Education (General Provisions) Act 2006.

Participation in the scheme provides quality resources for your child to use in the classroom as well as online subscriptions. Once the school receives your payment, your child is subscribed to the educational websites our teachers use in class. These websites may include Mathletics, Spelling City, Rainforest Maths, Reading Eggs, Mathsonline, Study ladder, Wings readers and many others. Payment of the scheme will allow your child to access these websites from school and home.

The provision of this scheme ensures that well resourced learning by our students remains our key focus. The scheme is not a fund raiser for the school. Its purpose is to provide you, the parent, with a cost effective, value for money alternative to purchasing resources, consumables and materials from elsewhere, through reduced prices gained from school's bulk purchasing processes.

The participation form for the [2013 Student Resource Scheme \(PDF, 347 KB\)](#) was sent home earlier this term. Please note - For 3 or more students in the same family, there is a reduced rate of \$100 per student.

Internet banking payment details are below. Other payment methods are available.

EFT Reference: Student's full name and class

BSB: 064-486
Account Number:10243582
Account Name: HRSS General Account
Amount: \$125.00

Daniel Morcombe Child Safety Curriculum

Our students have been learning to recognise, react and report unsafe situations.

When children recognise that they are unsafe, we encourage them to think about what they could do to be safe again. In the classroom, they were given opportunities to think about ways to react using real-life scenarios. Students learned that breaking the rules (e.g. saying no to an adult who is behaving inappropriately) was sometimes necessary so that they can become safe again.



The Ditto Keep Safe Show was well received by the students and gave them another perspective about how to keep safe. The preps and year ones enjoyed singing the safety songs and doing the actions.

Students enjoyed using interactive resources like the '000' government website - <http://kids.triplezero.gov.au/> to help them understand what to do in an emergency.

The Daniel Morcombe Child Safety Curriculum has established awareness amongst students to use the 3 R's (Recognise, React, Report) to keep safe. Please talk with your child about ways to stay safe; this will help them develop life-long safety skills.

Kind Regards,
Mr Moodley

Prep C News

Zeth's grandma brought a hen and her chicks into Prep C. We loved holding the chicks and listening to their cheeps.



Kyan getting comfy with his laptop listening to a story.



Rain, rain go away our shoes are muddy and outside they must stay!



2C News

We cannot believe how fast Term 1 has flown by. The children have had a busy couple of weeks with lots of assessment taking place before the end of term.

In English, the children have been listening to *The Very Cranky Bear*, *The Very Itchy Bear*, and *The Very Hungry Bear*. The children have had to choose their favourite character and write a character biography by the end of term.

In Math, we are continuing to practice counting by 2s, 3s, 5s, and 10s, as well as addition and subtraction with double-digit numbers.



We have also been busy completing our lifecycle assessment in Science. History has been packed full learning about Australia's past and present life.



We are looking forward to beginning some Easter Activities as we come to the end of Term 1.

Thank you to those that remember to return their library books and homework folder on Mondays. This helps our class run smoothly and ensures your child has their new books scanned out and ready to go home.

In preparation for Term 2, please start saving all materials that may be useful for creating a waterproof lunchbox.

The children will have a Science/Technology task where they have to design, create, and evaluate a lunchbox that will keep an orange and sandwich safe/dry/clean.

Some ideas may include: bubble wrap, foil, plastic, fabric, box, etc. Anything else your creative minds can think of. If each child can bring 4-5 pieces in for their creation, that would be great!

If you have any spare time and would like to help with reading, please drop in!

4A News

4A is currently investigating the science of rocks and soil, and last week they did a science experiment creating their own crystals using Borax and pipe-cleaners. The students were thrilled with the results!



6A News

Over the past few weeks 6A have been busy writing our own short stories. We have learned many new strategies for creative writing. This has included the use of exaggeration, emphasis and plot tension to create humour. To make our stories more interesting and captivating for the reader, we have been working on our own sizzling starts. These are opening sentences that are used to grab the reader's attention.

Here are some examples:

A huge rumbling wave hit me, pushed me down into the depths of the ocean. I frantically swam for air. (Cuba B)

"Why? Why did they all leave our wedding?" Wendy wailed.

Frederick looked at his new wife as he tried to hide the grin on his face, "Because your dress fell down darling." (Harry D)

One horrifying Halloween night the ghost fish with no eyes awoke. He could hear a sharp frightening wail in the distance. (Mya R)

The chapel doors opened as the bride covered on the floor. (Brooke S).

Bang! The old rickety door slammed shut. A misty cloud swooped through the door. (Ed C)

I wonder how these stories will end...



Young Discoverers OSHC Vacation Care Program

It's Time to get organised for our Holidays!

Fill in the [Young Discoverers Vacation Care Form \(PDF, 324 KB\)](#) and return ASAP.

Activities start at 10:00am unless otherwise stated.

All belongings must be named as lost items are your child's responsibility.

Fees to be paid in advance.

Cancellations less than 2 weeks before booked day incur full fees.

For more information, please contact Lynda Squires with the details below.

Phone: 07 5588 3356

Email: lynda.squires@youngdiscoverers.org.au

Sports News



Congratulations Elli-Jay who has been selected to play netball for the South Coast Region at the Queensland Championships. These will be held in Townsville in June.

This is an excellent achievement and we wish her all the best!

We also are looking forward to hearing how Emily goes at her Queensland Championships for swimming on March 24, 25 and 26. Go Hard Emily!

Go n Run

A running club for kids (and parents, grandparents, pre preps, uncles....)

A great way to start your day.

Count your laps and earn badges to iron on to your sports shirts.

On the HRSS Oval - Tuesday and Thursday mornings 8.30 – 8.40am (weather permitting)



P&C Update

The new executive committee and its members are already working hard to support Highland Reserve State School students. And our first fundraiser is less than a week away!

Cross Country Bake Stall

The first event on the P&C calendar is the Cake Stall that will be held in conjunction with the Cross Country on Tuesday the 26th of March. Last year this was a huge hit with children and parents alike, raising around \$1000 for the school. The Cake Stall will be held in the school oval from 9:30am for parents and children in Prep – Year 3 and from 11:00am for children in Years 4 – 7.

We would like to ask parents to donate baked items – cakes, biscuits, cupcakes, slices – in a named or disposable container for us to sell on the day. Please deliver baked goods to the Cafe before 3:00pm on Monday 25th, or bring them down to the oval on Tuesday 26th for us to display and price. If you are able to help at the bake stall on the day – whether for 20 minutes or two hours we would be most grateful – many hands make light work and if we all pitch in everyone can take time out to watch their own children run. Please contact the P&C at pandc@highlandreservess.eq.edu.au if you would like to help.

P&C Meeting

Thank you to all of the members and guests who came along and participated in March's monthly P&C Meeting and AGM. For those unable to make it, the Meeting Minutes are on our P&C Portal.

Our next monthly P&C Meeting is on Tuesday 16th April at 6.30pm in the School Staffroom. Come along to a meeting to be updated and involved with what is happening at the school. Everybody in the school community is welcome and it can be a great way of meeting new friends.

Put it in the diary now, so you don't miss it!

Hello from the Guidance Officer!

Most of us have times when having someone to talk to would make a real difference to the way we're feeling; this might be to do with things in our own lives or in the lives of our children. Sometimes too, we'd rather speak to someone we don't know or we're worried about something that requires input from a professional. Thankfully, there are many community organisations and support avenues available across the Gold Coast.

The Northern Gold Coast Communities for Children is a government funded, local organisation that offers free counselling for children up to the age of 12 years, and for their families.

If you or your children are in need of someone to talk to, the NGCCC can be found in the Oxenford and Coomera Community Youth Centre at 25 Tamborine Oxenford Road, Oxenford (Ph 5580 4995 or 5529 8087). [Northern Gold Coast Communities for Children Flyer Term 1 2013 \(PDF, 2.3 MB\)](#).

Cheers,
Kate Alcorn



In 2013, Highland Reserve State School, with the strong backing and support of the P and C, has embarked on the KidsMatter journey. KidsMatter Primary is a mental health and well-being framework for primary schools and has been proven to make a positive difference to the lives of Australian children.

KidsMatter Primary is a federal government initiative and provides the proven methods, tools and support to help schools work with parents and carers, health services and the wider community, to nature happy, balanced kids.

Your P&C representatives on the KidsMatter committee are Kerry Kable and Kylie Pascoe.

For further information check out the KidsMatter website <https://www.kidsmatter.edu.au/primary>

Shy kids get online support: Beating the back to school worries!

For shy children, back to school can be especially difficult. But there is help available! A team of researchers (BRAVE Team) at Griffith University, University of Southern Queensland, and the University of Queensland seek children (8-12 years) suffering from social anxiety; a fear of embarrassment in front of others, or extreme shyness. This program aims to help both children and parents learn strategies for managing social anxiety and ways to cope with anxiety-provoking social situations.

The program requires participating children to complete ten, 60-minute online treatment sessions over a period of 10 weeks. Parents will also be required to participate. Interested participants should contact the BRAVE team on (07) 3735 3312 or email: brave@psy.uq.edu.au. Alternatively please visit the BRAVE online website: www.exp.psy.uq.edu.au/socialanxiety

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