

Current Newsletter

Friday 21st February 2013

Principal's News

Well done to all those students who have started strong in 2013 with their learning. At assembly this week I reminded students of their responsibilities at school as learners. The four areas I encouraged students to focus on as effective learners included being:

1. Well prepared for a day of learning – Equipment / Sleep / Healthy Diet (including breakfast);
2. Engaged in the new concept the teacher is teaching in the explicit teaching component of the lesson (This is usually in the first 10 minutes of the lesson, so don't miss it);
3. An active learner – Whole body listening / responding to questions / concentrating on the lesson / listening to teacher feedback; and
4. Applying what they have learnt – Assignments / Tasks / Homework / Investigations.

Thank you to all those families who have paid the \$125 Student Resource Scheme for 2013. Many of our students who have had the \$125 paid are already accessing a range of personalised online learning opportunities set at an appropriate working level by their class teacher. Thank you also to the many families who attended the parent information evenings. Students always benefit from a close and positive working relationship between the child, their parents and the school.

David Roach
Principal

General Information

Highland Reserve State School operating hours and general school information is listed below.

School Starts: 8.50am
First Break: 11.00am - 11.20am
Second Break: 1.00pm - 1.40pm
School Ends: 3.00pm

Students arriving to school after the 8:50am roll mark are to report to the office to be signed in as a late arrival.

School Assembly

The school assembly will take place 9:00am every Monday (excluding the first Monday of each Term) at the Multi-Purpose Hall. The administration boom gate will open at 8:45am on assembly days. Parking is provided at the rear of the Multi-Purpose Hall

Kiss-n-Go

Kiss-n-Go is a designated drop off and pick up zone. Parking is only available in this zone between 9:00am - 2:00pm. For the safety of students and the ease of access, cars are not to park in this area outside of these allocated times.

School Banking Account Opening Day

Don't forget that Thursday is School Banking day and students should bring in their weekly deposit to class.

For every deposit made at school, no matter how big or small, students will receive a Dollarmite token. Once they have individually collected 10 tokens they can then be redeemed for a range of great, exclusive reward items in recognition of their continued savings behaviour. Rewards this year include a Wallet, Handball, Jacks game and of course the great Dollarmite Money Boxes.

Each deposit also provides commission for our P&C.





To support this great program all your child needs is a Commonwealth Bank Youth Saver (Dollarmite) Account.

If your child would like to participate then Ann Pinnock, Commonwealth Bank Representative will be at school on Monday, 11th March from 8.30am before and after parade at the hall.

All parents need to bring is your photographic ID if you are a non-CBA customer, as the school will ID your student.

Student Resource Scheme

The 2013 Student Resource Scheme is now due. The scheme is supported and approved annually by the School's Parents and Citizens Association (P&C), is managed by the school and operates in accordance with section 51 of the Education (General Provisions) Act 2006. Participation in the scheme provides quality resources for your child to use in the classroom as well as online subscriptions. Once the school receives your payment, your child is subscribed to the educational websites our teachers use in class. These websites may include Mathletics, Spelling City, Rainforest Maths, Reading Eggs, Mathsonline, Study ladder, Wings readers and many others. Payment of the scheme will allow your child to access these websites from school and home.

The provision of this scheme ensures that well resourced learning by our students remains our key focus. The scheme is not a fund raiser for the school. Its purpose is to provide you, the parent, with a cost effective, value for money alternative to purchasing resources, consumables and materials from elsewhere, through reduced prices gained from school's bulk purchasing processes.

The participation form for the [2013 Student Resource Scheme \(PDF, 347 KB\)](#) was sent home earlier this term. Please note - For 3 or more students in the same family, there is a reduced rate of \$100 per student.

Internet banking payment details are below. Other payment methods are available.

EFT Reference: Student's full name and class

BSB: 064-486

Account Number: 10243582

Account Name: HRSS General Account

Amount: \$125.00

Daniel Morcombe Child Safety Curriculum

Throughout this term, Highland Reserve State School will be implementing the Daniel Morcombe Child Safety Curriculum. The curriculum is based on principles of best practice in child safety education and centres around three key messages: Recognise, React and Report. Through a series of lessons, students will learn how to recognise, react and report when they are unsafe or find themselves in situations that can have a significant detrimental effect on their physical, psychological or emotional wellbeing.

Information about the Daniel Morcombe Child Safety Curriculum can be found at <http://www.education.qld.gov.au/child-safety-curriculum>.

Get Started vouchers to help children get active

Get Started is a new State Government funding program offering up to \$150 per student towards sport club registration or membership fees to help families who can't afford to sign their child up and encourage other children who would improve their social connections or health to get involved.

Children with a parent or guardian who holds a Health Care or Pension Concession Card and submit a form will qualify, while other families will also need to submit recommendations from two referral agents with their application. Details are available from the Department of National Parks, Recreation, Sport and Racing's Get in the Game website.

The first funding round opened on 15 January 2013 with vouchers distributed on a first-come, first-served basis until the allocation is exhausted or closes on 15 April 2013. A second round will open on 15 July 2013.

<http://www.nprsr.qld.gov.au/funding/getinthegame/referral-agents.html>.

Griffith University Study

Assessment and treatment of fears and phobias in children and adolescents

Parents, is your child fearful of certain animals or situations such as being in the dark, having a needle or seeing blood? At Griffith University, we are conducting a large scale study that includes a thorough assessment and a novel, single session of treatment for children and adolescents (7 to 17

years of age) with tears and probes. We are providing this service at no cost to families. To find out more about this project, please contact our team on (07) 55 528 317.

Sports News

Emily and Lana represented HRSS at the recent Gold Coast North (Primary Schools) Swimming Trials. Congratulations to both girls who qualified to swim at these very selective trials.

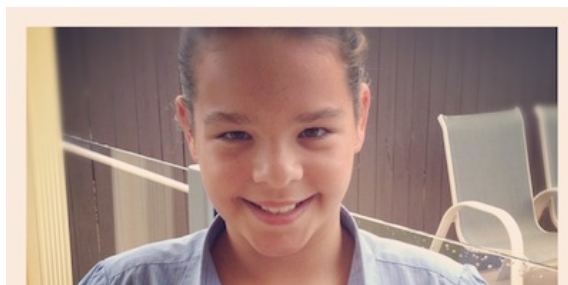
Whilst Lana swam some personal bests in her events, Emily qualified in all her events to swim at the next level – the South Coast (Primary Schools) Regional Trials next week.



Emily placed:

- 1st 100m Butterfly
- 3rd 50m Butterfly
- 3rd 200 Individual Medley
- 4th 100m Freestyle
- 5th 50m Freestyle

Congratulations and Well Done to both girls for their commitment and effort in swimming!





2013 Sports Dates

Cross Country

Tuesday 26th March

Preps, 1, 2 and 3 will run on the school grounds 9.15 – 11.00am

Years 4, 5,6 and 7 will run at the Highland Reserve Lake 11.45am – 2.00pm

Parents/Grandparents Race at the school following the Year 3 races.

Inter School Gala Sports Days&

5th March 2013

5,6,7 Netball at Highland Reserve

5,6,7 Soccer at Coomera Springs

4 Netball & Soccer at Park Lake

Go'n'Run

A running club for kids (and parents, grandparents, pre preps, uncles....)

A great way to start your day.

Count your laps and earn badges to iron on to your sports shirts.

On the HRSS Oval - Tuesday and Thursday mornings 8.30 – 8.40am (weather permitting)





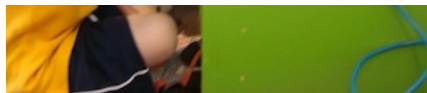
1,2,3 Magic & Emotion Coaching Parenting Course

A three-session program for parents and carers to help manage difficult behaviour in children 2-12 years old. Information is available in the [1,2,3 Magic & Emotion Coaching Parenting Course Flyer \(PDF, 370KB\)](#)

Prep C News

Here are some shots of our Prep students having fun learning!





2A News

2A have been busy reconstructing simple poems these past few weeks. The original poem is called Baa Baa black sheep. The task involved changing the rhyming words while keeping the rhythm and rhyming pattern the same.

Woof, woof Black dog,
Where is your bone,
Out back, out back under the stone.
One of the puppy.
And one of my mate.
Hurry up, eat it or you'll be late.

Poetry Assessment unit

Choose a suitable poem to reconstruct.
Change the words in the poem to make a new poem by:

- keeping the rhythm the same
- keeping the rhyme the same
- keeping patterns of sounds and words.

Present your poem in a way that is interesting and enjoyable for your audience.

Explain:

- how you changed your poem
- the features of your poem that you like and you think will appeal to your audience.

You can help at home by reading rhymes and simple poems to your children.

5A News

This year 5A is off to a great start! We have been learning about plant and animal adaptations and doing lots of exciting activities outside including collecting plant seeds and discovering why camouflage is so important to animals. The students had a blast creating their sociograms for English in the Hub too.



Chaplain News

A big hello to all the lovely parents, carers and families of Highland Reserve!

Please let me introduce myself to you all, if we have not already met.

My name is Shannon Henderson and I am the newly appointed Chaplain at Highland Reserve State School.

I work Tuesdays and Thursday's and you will find me in the Hub.

I come to the school with many years experience as a Chaplain and have big goals and ideas for your school community.

I have 2 boys myself that are teenagers now and therefore can relate with all the stress and pressures of raising young children. The highs and the lows, I have been there too.

The best way to describe a Chaplain's role would be "a caring friend to support you through the storms of life and someone who will listen, care and be a safe person to talk to." I am available to talk with your child, or you, the parents and carers at any time. If I cannot help, I can steer you in the right direction to services, professionals and community groups who can.

I will run programs that strategically target the needs of the school community on a regular basis. Starting with a "Breaky club" every Tuesday and Thursday mornings in with the venue TBA. This breakfast is open to all students. They can eat, or just participate in the games and the socialising aspect.

I am always chasing volunteers who have a heart to serve our young people. If this is you and you have time available through the day, or before school, please drop me an email or pop by and introduce yourselves.

I sincerely look forward to getting to know you and your young ones in the times ahead. 2013 will be a great year, I believe, with many opportunities and new beginnings. Drop by for a cuppa and chat any time. I have added a little article I thought may be helpful.

With warmest regards,
Shannon

Are you really listening?

Really listening to your child... What does that look like? Here are some ideas to refresh yourself to really make the most of your relationship with your own child.

Take a break and listen to your child. Specific actions – like making eye contact, kneeling down to your child's level and even tilting your head – show your child you are listening. They also help you stop and really listen. If you can't talk at that moment, you might say, 'Let's talk soon. I'm in the middle of something'.

Repeat what you heard. It's often useful to restate what you heard and put your child's feelings into words. You might say, 'You wanted a turn on the swing just now, didn't you?' or 'You seem sad about going to day care today'. These reflective statements acknowledge and give words to your child's feelings. But do this carefully. If a child is in the middle of a tantrum, saying 'You're really cranky and out of control!' might aggravate the situation rather than help it.

Ask specific questions to gather more information. You might say, 'Can you tell me exactly what happened?' If it makes sense to talk more, you might ask, 'What upset you the most?' Follow-up questions both acknowledge your child's feelings and gets your child talking about them. And they help you gather more information, so you can better understand what actually happened and how your child is thinking about it.

Before you say what you think, ask a question

If your child says, "That's not fair", instead of jumping in with an explanation you might ask, "What do you think would be fair?" Then, wait for the answer – and ask a follow-up question.

HINT: If you find yourself thinking of your response while your child is talking, then you're not really listening.

Michael Thompson, PhD
Co-author, *Raising Cain*

P&C News

With so many new families joining our school this year, we would like to take this opportunity to give an outline of what a P&C is all about & highlight the wonderful accomplishments our P&C achieved during 2012.

What is a P&C Association?

A Parents and Citizens' Association (P&C) is a group of community minded people, parents and citizens, who take on a more formal role to assist the school in providing:

- feedback on school policies and activities.

- additional resources to be used to enhance student learning.
- parents with opportunities to be involved in their child's education.

Role of the P&C Association

The principal is the site manager and the Minister's representative. The P&C Association is there to work with the principal and the school community in a productive partnership to achieve the best possible outcomes for students of the institution. It is not the role of the P&C Association to interfere in the daily running of the school, which is the role of the principal.

Functions of the P&C Association

- To foster community interest in educational matters.
- To encourage closer cooperation between the parents of students attending the school, other members of the community, staff and students of the school.
- To provide advice and recommendations to the principal of the school on issues and concerns in respect of students.
- To provide or assist in the provision of financial or other resources or services for the benefit of students of the school.
- To perform any other functions, not inconsistent with the Act, as the Minister may decide.

2012 P&C Accomplishments

- Championed the new demountable classrooms with the assistance of our State Member Mark Boothman.
- Assisted in the process of finding our School Chaplain, Shannon.
- Prepared the successful grant application which provided 2 new playgrounds for our students.
- Prepared the successful grant application to secure the GCCC/Stocklands Environmental Enclosure.
- Applied and received more than \$7000 in additional grants which provided our canteen with new equipment to support our rapidly growing school.
- Supported the introduction of the new Formal Day Uniform.
- Provided a forum for parents to discuss key issues with both Division 1 & Division 2 Councillors, as well as our Federal and State Members.
- Organised the Highland Fling raising in excess of \$15 000 for our school, which provided additional funds for sporting equipment, guitars, Chaplaincy program, Social, Emotional development program subsidies. As well as being a terrific night of fun and fellowship within our Community.
- iWalk for iPads which raised just under \$10,000 for our school's iPad program, as well as providing a wonderful day for students and parents.
- Supported the Cross Country with a wonderful Bake Sale, which along with 2 Election Day BBQ's & our annual Mother's Day Stall raised over \$5000 for books for the school.
- Supported the school with catering for the Energy Evolution night.
- Supported the Student Council with their wonderful efforts in raising money for their own goals eg. football goals posts & Environmental Enclosure through assistance at Discos.
- Provided free Morning Tea for the school community each term.
- Assisted with the establishment of the Go'n'Run Program at the school.
- Established the Breakfast Club initiative.
- Organised the 'End of Year' Picnic in the Park & Raffle to finish the year on a high!

Our biggest accomplishment to date is really creating a wonderful, respectful, supportive, creative Parents and Citizens group here at Highland

Reserve State School. Without the membership, ideas and support of our school we wouldn't be as dynamic and active as we are today. It has been a great place to meet like-minded parents who are proactive in supporting their school community. As a P&C member, attendance at meetings is not mandatory, however membership keeps you up to date. Therefore it doesn't matter what your schedule is like, there is always a way for your family to keep informed and jump in and help when and if you can during 2013.

AGM – Tuesday 5th March 2013

Our Annual General Meeting is on Tuesday 5th March. We will have a quick general meeting commencing at 6.30pm, followed by the AGM. All memberships lapse at the AGM, so new 2013 Membership applications & renewals (available for download on the school website link below) will need to be completed at or prior to the meeting. Also all Executive positions (President, Treasurer, Secretary & Vice-President) are open for nominations at the AGM. Being part of the Executive Committee is a very rewarding & enjoyable experience, particularly when you see the tangible evidence of your efforts throughout the school on a daily basis. If you would like further information regarding these positions please email pandc@highlandreservess.eq.edu.au or have a look at the QCPCA website www.qcpc.org.au

Remember to check out the P&C section on the school website for all the latest P&C news, meeting minutes & download your Membership application: <https://highlandreservess.eq.edu.au/Ourcommunity/PandC/Pages/PandC.aspx>

Next Meeting: Tuesday 5th March at 6.30pm in the School Staffroom (followed by the AGM)

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